



Watch Out for These Electrolyte & Acid-Base Disturbances Associated with Citrate Anticoagulation



Hyponatremia (HypoNa)

- Citrate solutions may have \uparrow sodium content and should be paired with a lower sodium dialysate/replacement fluid

Hypomagnesemia (HypoMg)

- Citrate binds Mg: this complex is removed via CKRT from circulation \rightarrow \downarrow Mg

Hypocalcemia (HypoCa)

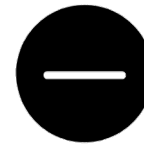
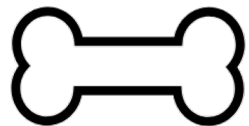
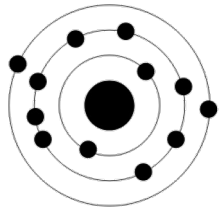
- Citrate can bind free, ionized Ca (iCa)
- If the [Total Ca: iCa] Ratio is > 2.5 : think citrate toxicity
- Remember to convert the units: Multiply the Total Ca (mg/dL) by 0.25 to convert to mmol/L

Anion-Gap Metabolic Acidosis

- Citrate is a weak, “unmeasured” anion
- Liver dysfunction or low mean arterial pressure may increase citrate accumulation by impairing citrate metabolism

Metabolic alkalosis

- Bicarbonate may accumulate as:
 - $1 \text{ Citrate}^{3-} \rightarrow 3 \text{ HCO}_3^-$



How-to Calculate the Filtration Fraction (FF) in CKRT

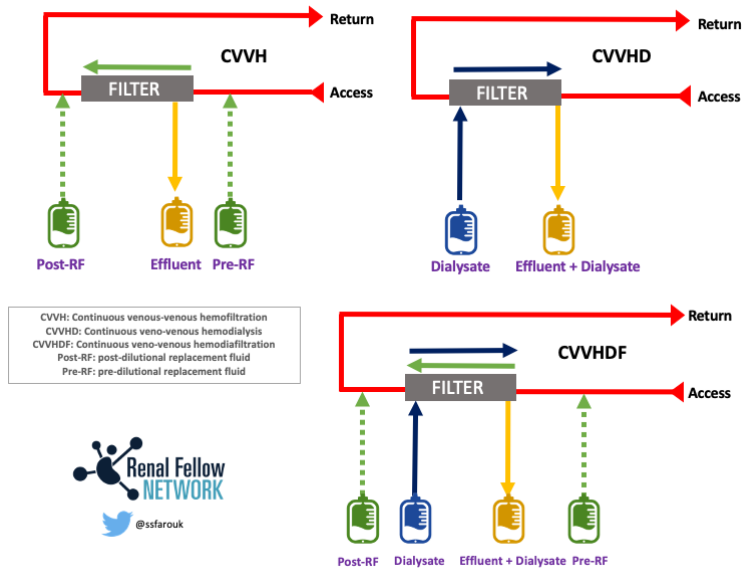
$$FF = \frac{\text{Fluid removed from the filter}}{\text{Fluid entering the filter}}$$

$$= \frac{\text{Ultrafiltration } \left(\frac{ml}{hr}\right)}{\text{Pre-Filter RF} + \text{Plasma Flow Rate } \left(\frac{ml}{hr}\right)}$$

$$= \frac{\text{Pre-Filter AC} + \text{Pre-Filter RF} + \text{Post-Filter RF } \left(\frac{ml}{hr}\right) + \text{Net Ultrafiltration } \left(\frac{ml}{hr}\right)}{\text{Pre-Filter (RF+AC)} + \left[60 \frac{min}{hr} * \text{Blood flow rate } \left(\frac{ml}{min}\right) * (1 - \text{Hematocrit})\right]}$$

$$\text{e.g.} = \frac{2000 \frac{ml}{hr} + 0 \frac{ml}{hr}}{2000 \frac{ml}{hr} + \left[60 \frac{min}{hr} * 250 \frac{ml}{min}\right] * (1 - 0.28)} * 100 \% = \mathbf{16\%*}$$

- The FF is the ratio of fluid being REMOVED from the filter to the fluid ENTERING the filter
 - *The target FF to reduce the risk of filter clotting is < 20 – 25%
 - Dialysate (in CVVHD or CVVHDF) does NOT affect the FF



NephSim

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CKRT: Continuous kidney replacement therapy; Replacement Fluid (RF); Anticoagulation (AC)